



Have fun playing tennis and reach your full potential



TOTS & MINI RED

3 to 8 year olds, enjoy tennis & make new friends

A structured introduction to tennis, including ball sports and lots of fun. Our aim is to encourage young children to develop a healthy active lifestyle and have fun.

Mini Red is played on small courts with short rackets and soft balls. It's just like the real game and gives players opportunities to have long rallies and play different types of shots.

DEVELOPMENT

8 to 16 year olds, play weekly, have fun, meet new friends & possibly start to compete.

Development squads are for all levels of play. The main focus is further developing stroke production, court awareness, rallying skills and consistency.

Development squads range from beginner to more advanced levels.

Mini Orange - 8 & 9 Years
Mini Green - 9 & 10 Years
Junior Coaching - 12+

PERFORMANCE

All ages, players and parents that want to take tennis to another level. Training & competing regularly

Performance Squads are the next progression for those players wishing to compete and take private lessons.

Focusing on fine tuning stroke technique, game based drills, match play and court fitness.

Players will be playing 2/3 times per week, ideally competing each month.

ADULT COACHING

Group coaching for men and women, all standards welcome

Group coaching for adults of all ages and abilities.

Have fun, get fit & meet new friends.

Players have the chance to compete for their club, enter competitions & box leagues.

SCHOOLS

We provide hundreds of children in local schools the opportunity to enjoy tennis

Jason's Totally Tennis has links with 4 primary schools & 2 senior schools in the Bromley borough.

After school clubs and curriculum time coaching take place each term.

Affordable coaching with a highly qualified team - Free tasters available